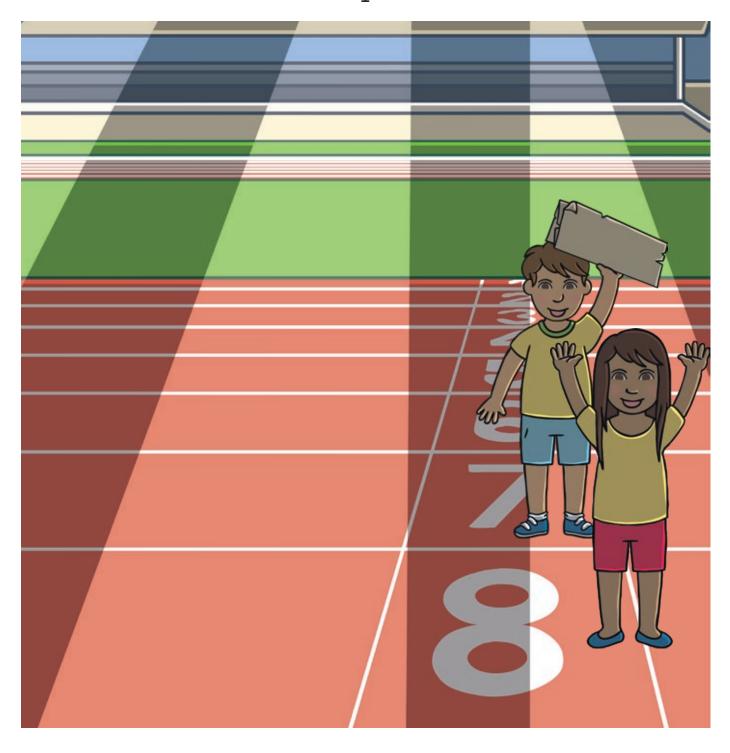
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The Athletics Track

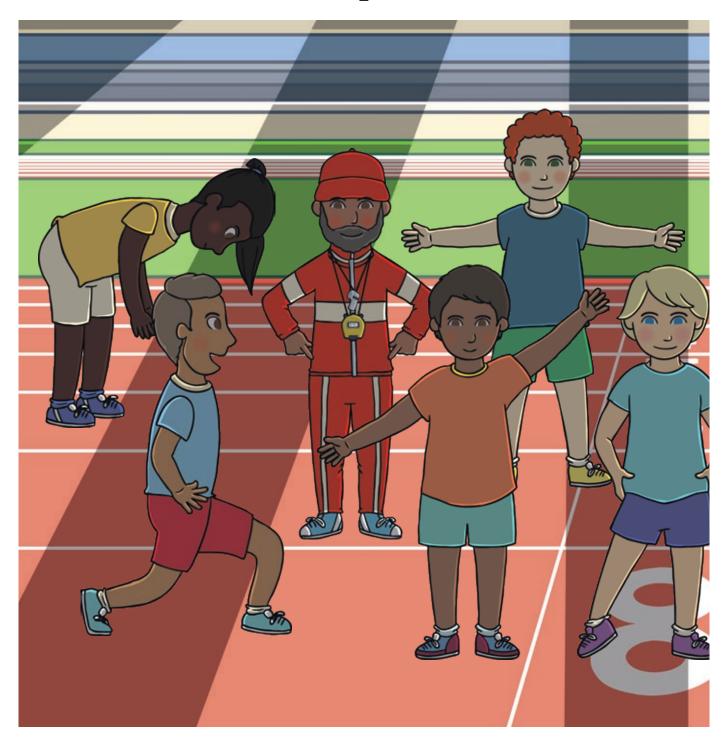




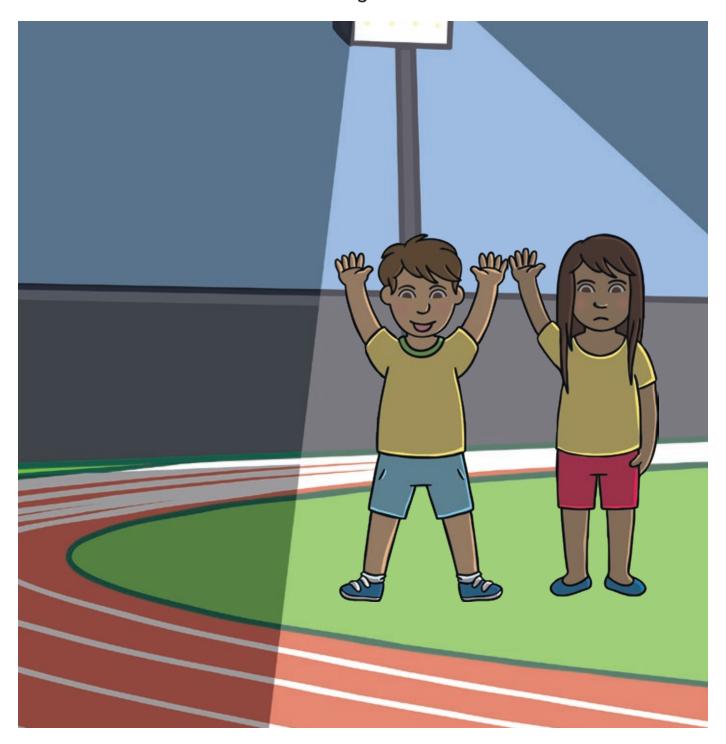
A 'Let's Read Together!' Book



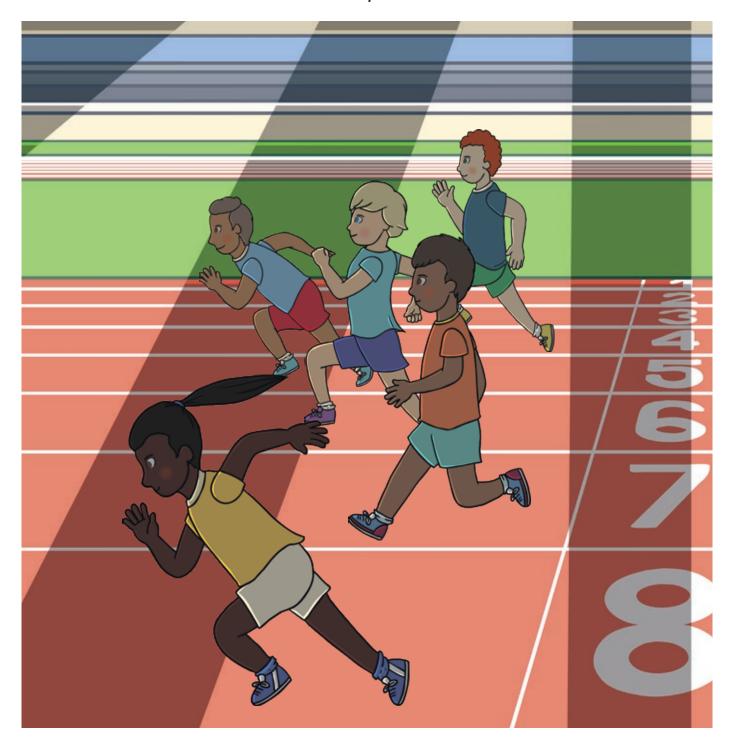
The magic map took Kit and Sam to the new training track in Sheffield. They were delighted to be at a proper running track. They had never seen one before.



A coach and some athletes came on to the running track and the coach told the athletes what to do. They were doing some exercises to strengthen their core.

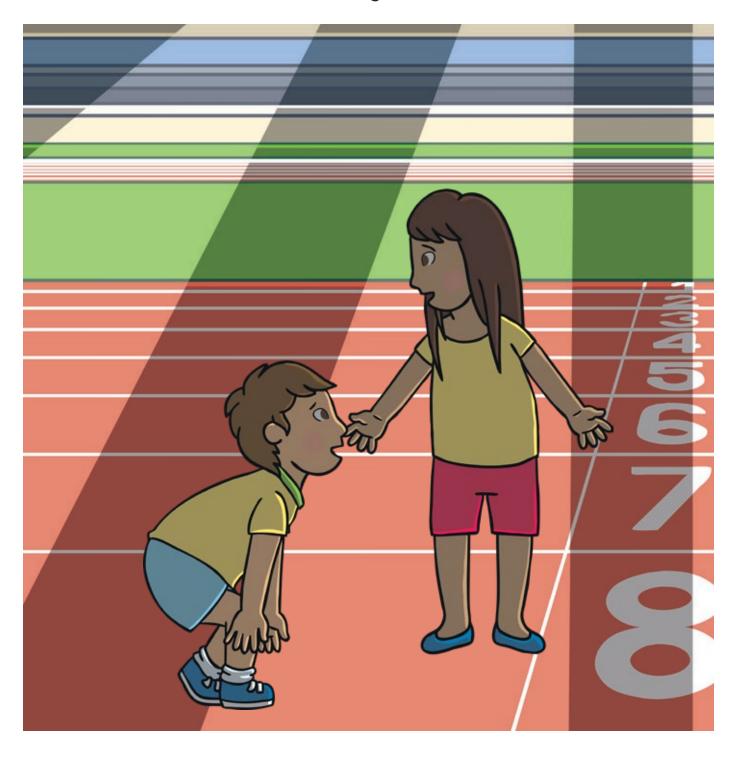


Kit and Sam joined in with some of the exercises but Sam's legs got sore. Then, the athletes did a few laps of the track. Kit wanted to join in but he could not in case he got spotted.

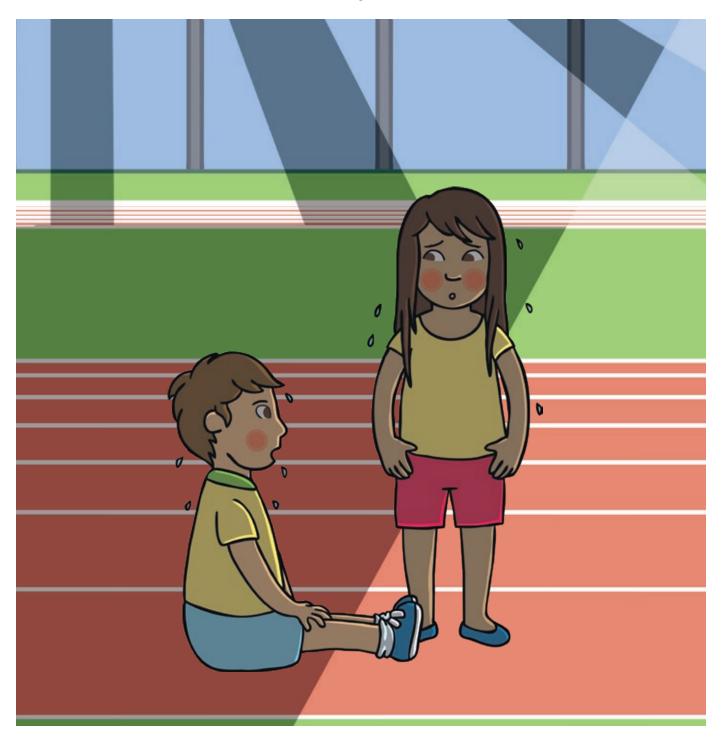


The athletes were lined up in one of the lanes. Kit and Sam saw them have a race. They were impressed with how fast the athletes could sprint.

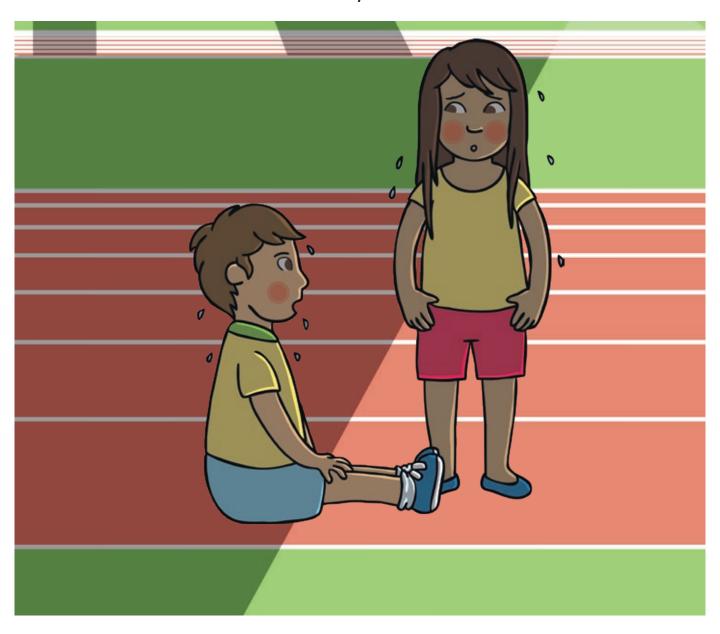
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When the coach and athletes left the track, Kit went on it. Sam was his coach! Sam got him to do some stretches to work on his core.



Kit crouched down in the lane and then shot off quickly. After a while, Sam got bored so she joined in. When Sam reached Kit, he was shattered. He was sat on the ground.



The Athletics Track

Join Kit and Sam on the new training track!

Supports teaching: Twinkl Phonics Level 5 Week 29