

**BYLEY PRIMARY
SCHOOL &
NURSERY**

**RELATIONSHIPS
EDUCATION
(RSE)**

**Approved by Governors: Feb 2020
Review Date: Feb 2022**

The School aims to:

Provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy lives and become informed and active citizens. Relationships Education (RSE) reflects the values of the PSCHE programme and is taught in the context of respectful relationships, focusing on family and friendships in all contexts, including online. In addition, RSE promotes self-esteem and emotional health and well-being, helping pupils form and maintain worthwhile and satisfying relationships that are based on respect for themselves and for others, at home, school and in the community.

Every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language, or special need. It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.

Objectives:

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils' self-esteem and confidence, especially in their relationships with others
- To help pupils understand how to develop effective, fulfilling relationships
- To help pupils develop skills (language, decision-making, choice, assertiveness) and make the most of their abilities
- To provide the confidence to be participation members of society and to value diversity
- To help gain access to information and support
- To develop skills for a healthier, safer lifestyle
- To respect and care for their bodies
- To be prepared for puberty and adulthood.

The teaching programme for Relationships Education

RSE is not delivered in isolation but embedded in other curriculum areas including PSHE and Science.

Relationships Education is compulsory for all pupils receiving primary education under sections 34 and 35 of the Children and Social Work Act 2017. Health education is also compulsory in all schools (except independent schools).

RSE is taught by classroom teachers throughout the school. Occasionally, appropriate and suitably experienced or knowledgeable visitors from outside school may be involved in the delivery of RSE, particularly in Key Stage 2.

Teachers use a range of materials, including NSPCC resources such as 'NSPCC PANTS', to plan and deliver inclusive, age appropriate lessons which also contain a focus on safeguarding and keeping children safe.

Relationships Education is taught using learning activities such as group work, role play and discussions, making links with other subject areas as outlined above.

Relationships Education is usually delivered in mixed gender groups. In some of the Year 5 & 6 sessions, pupils are taught in single-sex groups where relevant and appropriate.

In the Curriculum:

Relationships Education focuses on the development of skills and attitudes not just the acquisition of knowledge.

Foundation Stage:

Pupils learn about the concept of male and female and about young animals. In ongoing PSHE work, they develop skills to form friendships and think about relationships with others.

Key Stage 1

- That animals, including humans, feed, move, grow and use their senses and reproduce
- To recognise and compare the external parts of the bodies of humans
- That humans and animals can produce offspring and these grow into adults
- To recognise similarities and differences between themselves and others and treat others with sensitivity
- Identify and share their feelings with one another
- Recognise safe and unsafe situations and identify someone they are able to talk to and trust.

Key Stage 2

- Life processes including nutrition, growth and reproduction
- The main stages of the human life cycle, including the physical changes that take place at puberty, why they happen and how to manage them

- Learn to express their opinions about relationships and bullying and to listen to and support others, including respecting other people's viewpoints and beliefs
- Learn to recognise their own worth and identify positive things about themselves and try to balance the stresses in life in order to promote their own mental health and wellbeing of others.

Parental Consultation:

The school informs parents when aspects of the relationships education programme are taught and provides opportunities for parents to view the resources being used.

Parents do not have the right to withdraw their child/children from Relationships or Health Education.

However, parents have the right to withdraw their children from those aspects of relationships and sex education not included in the National Curriculum.

Parents wanting to exercise this right are invited to discuss the issue with the class teacher who will explore their concerns and discuss any impact that such action may have on the child.

Responding to difficult questions

We ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect. Ground rules are set to provide an agreed structure to answering sensitive or difficult questions. Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision will be made to meet the individual child's needs.

Child Protection

Keeping Children Safe in Education (KSCiE) sets out that all schools and colleges should ensure children are taught about safeguarding, including how to stay safe online, as part of providing a broad and balanced curriculum. Any concern will be followed up using child protection procedures.

Children with Special Educational Needs & Disabilities

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of relationships and sex education.

Monitoring and Evaluation

Monitoring is the responsibility of senior and subject leaders.

The effectiveness of the RSE programme will be evaluated by assessing children's learning and implementing change if required.

The responsibility for policy monitoring and evaluation remains with the governing board.